To prevent back, hip, knee joint, and hand strain and to promote energy conservation:

- When there is a client need, provide a floor-to-ceiling pole that can be used to assist with dressing and transfers.
- Provide convenient clothing and small article storage in a manner so as to avoid bending.
- Use doorknobs that are levered.
- Purchase refrigerators that do not have low drawers; side-by-side styles are helpful.
- Use raised toilet seats with grab bars at toilet area.
- Place mirrors at eye level.
- Install a mirror with an extension arm on wall (bedroom and/or bathroom areas).
- Mount a hair dryer on the wall so it does not have to be held.
- Provide countertops at an appropriate level for the client (consider wheelchair if that is applicable).
- Make space for a chair/stool near counters.

To separate the foreground from the background:

- Increase utilization of color contrast (e.g., dark knobs on light cabinets, surfaces of edges or steps, at thresholds; on light switches and on appliance controls).
- Utilize contrasting textures when needed.
- Provide large dials on stoves, ovens, and microwaves for easy reading.

To provide good illumination, prevent glare, and ensure safety:

- Install automatic or pull chain lights in closets.
- Avoid exposed bulbs (use horizontally lowered window shades, frosted bulbs, shaded lamps, valance lighting, and cone lighting to prevent glare).
- Provide task lighting where extra illumination is required.
- Increase lighting (multiple bulbs or higher wattage) as needed.
- Utilize switches that provide adjustable intensity for light with different tasks.
- Install window treatments and awnings on outside windows with direct sunlight that permit light filtering.
- Provide illuminated switches (lights and appliances and any other electrical equipment). Make certain that all electrical wires are out of access routes, uncluttered, and clearly visible.
- Make certain there are nightlights at the corners of the bedroom, leading to the bathroom, and inside the bathroom.
- Avoid high-glossed floors/utilize nonreflective floor tiles.
- Maximize the use of natural light.
- Avoid placing objects that provide glare (television, clocks, glass-covered pictures and mirrors) near light sources.
- Avoid fluorescent lights when possible.
- Put placemats on shiny Formica work surfaces and tabletops.